

# Lincolnshire Parent Carer Council

**LPCC Information Sheet;** a quick guide to some useful websites.

## Transitions

### **Transitions Information Network**

The aim of this website is to provide information about the transition process that is useful to professionals and parents/carers. There is also a young people's section with information, news and events. <http://www.transitioninonetwork.org.uk/home1.aspx>

### **Transition For Children With Intellectual Disabilities**

<http://www.intellectualdisability.info/life-stages/transition-for-children-with-intellectual-disabilities>

### **Choices for disabled people**

<http://www.livability.org.uk/services/transitions-education-employment>

## Employment

**Employ Me** is Mencap's specialist programme that supports people with a learning disability to gain paid employment. Mencap also supports companies and organisations to enable them to gain the benefits of a truly diverse workforce: [www.mencap.org.uk/node/12879](http://www.mencap.org.uk/node/12879)

### **EvenBreak**

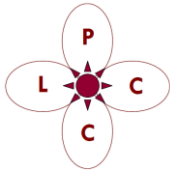
New website for disabled job seekers and inclusive employers. A website to advertise and find jobs, to attract employers who look beyond disabilities at skills and talent on offer. [www.evenbreak.co.uk](http://www.evenbreak.co.uk)

### **Job Centre Plus**

Finding work <https://www.gov.uk/looking-for-work-if-youre-disabled>

### **Business Disability Forum**

<http://businessdisabilityforum.org.uk/>



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## **Volunteering**

Volunteering build confidence and skills [www.volunteering.org.uk](http://www.volunteering.org.uk)

## **Thrive**

Thrive is a national charity, founded in 1978, that uses gardening to change the lives of disabled people. [www.thrive.org.uk](http://www.thrive.org.uk)

## **Education**

### **Further Education**

Natspec is the membership association for independent specialist colleges providing further education for young people with learning difficulties and/or disabilities.

[www.natspec.org.uk](http://www.natspec.org.uk)

### **Open University**

<http://www.open.ac.uk/disability/>

### **Ucandoit**

UCanDoIT teaches blind, deaf and disabled people how to use computers, with a particular focus on Internet and email skills. They teach learners in their own homes, on their own computers, as they believe that this is the best way to learn. All sessions are done on a one to one basis. [www.ucandoit.org.uk](http://www.ucandoit.org.uk)

### **Abilitynet**

FREE helpline offers expert advice and information about how disabled people can use computers and the internet. Tel: 0800 269 545 [www.abilitynet.co.uk](http://www.abilitynet.co.uk)

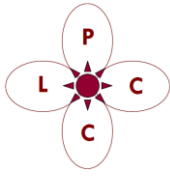
## **Advocacy**

### **Action for Advocacy**

Advocacy is taking action to help people say what they want, secure their rights, represent their interests and obtain services they need. [www.actionforadvocacy.org.uk](http://www.actionforadvocacy.org.uk)

### **People First**

is an organisation run by and for people with learning difficulties to raise awareness of and campaign for the rights of people with learning difficulties and to support self advocacy groups across the country. <http://peoplefirstltd.com/>



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## **NYAS**

NYAS is a UK charity providing socio-legal services, offering information, advice, advocacy and legal representation to children, young people and vulnerable adults through a network of dedicated paid workers and volunteers. <http://www.nyas.net/>

## **Housing**

### **Ability Housing Association**

A Registered Social Landlord (RSL) that specialises in providing people with housing and support services that enable them to live more independent lives.

<http://www.ability-housing.co.uk/public/about-ability/>

### **Accessible property Register**

Specialises in accessible and adapted property for sale or to let.

[www.accessible-property.org.uk](http://www.accessible-property.org.uk)

### **Housing Options**

Housing Options is an independent advice and information service for people with learning disabilities. [www.housingoptions.org.uk](http://www.housingoptions.org.uk)

## **Advice**

### **Dimensions**

Provides support services for people with learning disabilities and people with autism.

[www.dimensions-uk.org](http://www.dimensions-uk.org)

### **Citizens Advice Bureau**

Free information and advice. [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

### **Disabled Living Foundation**

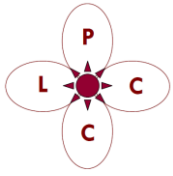
DLF is a national charity that provides impartial advice, information and training on daily living aids. <http://www.dlf.org.uk/content/about-us>

## **Mobility**

### **BSM**

National Driving school with specially trained instructors. Tel: 0800 316 3699

[www.bsm.co.uk](http://www.bsm.co.uk)



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## **Motability**

Motability Operations is a not-for-profit company responsible for the finance, administration and maintenance of Motability cars, scooters and powered wheelchairs.

<http://www.motability.co.uk/>

## **Independence**

### **Queen Elizabeth's Foundation**

QEF is a leading disability charity working with people with physical and learning disabilities or acquired brain injuries to help them gain new skills and increase independence for life.

[www.qefd.org](http://www.qefd.org)

### **Mental Capacity Act**

New guide on mental capacity; families can find out what should happen for adult relatives with a learning disability who lack the capacity to make decisions for themselves and how they should be involved [www.hft.org.uk/Family\\_Carer\\_Support/MCA\\_Resource\\_Guide](http://www.hft.org.uk/Family_Carer_Support/MCA_Resource_Guide)

**Preparing for Adulthood (PfA)** is a 2 year programme funded by the Department for Education as part of the delivery support for 'Support and aspiration: A new approach to special educational needs and disability' green paper. [www.preparingforadulthood.org.uk](http://www.preparingforadulthood.org.uk)

### **Disability Now**

National Disability newspaper <http://www.disabilitynow.org.uk/>

## **Care**

### **Disabilities Care Register**

Care Choices provides information for care of the elderly and the specialist care of disabled adults (18 - 64) in all types of care settings from care in your own home to care homes or independent living alternatives. <http://www.carechoices.co.uk/> Tel: 0800 389 2077

*Please note that Lincolnshire Parent Carer Council cannot be held responsible for the content, activities and services of the organisations above. This is purely a factsheet to help signpost people to the various groups commonly known. This list of information is not exhaustive.*